



PROKNIT **BY YOU**

SIZE GUIDE

MEN'S JERSEY

REGULAR FIT MEASUREMENTS

*ALL MEASUREMENTS ARE IN INCHES



SIZE	CHEST	LENGTH
2T	12.5	15.75
4T	14	17.25
YXS	15	19
YS	15.75	21
YM	16.5	22
YL	18.5	26.75
YXL	19.25	28
S	20	28
M	21.25	28.75
L	22.5	29.5
XL	23.5	30.75
2XL	24.5	31.5
3XL	25.5	33
4XL	26.25	34

CHEST ACROSS:
MEASURE IN INCHES FROM
THE ARM PIT

LENGTH:
MEASURE FROM SHIRT
COLLAR SEAM TO HEM



HOW TO MEASURE:

1. Find a Shirt you like the fit of and lay it out on a flat surface
2. Measure as above diagram explains
3. Refer to the size guide and find the closest size that matches

CASUAL TEE

FIT MEASUREMENTS

*ALL MEASUREMENTS ARE IN INCHES

SIZE	CHEST	LENGTH
YXS	16	20
YS	16.5	22
YM	17	23.5
YL	18	24.75
YXL	19.5	25.25
S	20.5	26.5
M	22	28.5
L	23.5	30
XL	25.5	30.5
2XL	26	33
3XL		
4XL		

CHEST ACROSS:
MEASURE IN FROM
THE ARM PIT

LENGTH:
MEASURE FROM SHIRT
COLLAR SEAM TO HEM



HOW TO MEASURE:

1. Find a Shirt you like the fit of and lay it out on a flat surface
2. Measure as above diagram explains
3. Refer to the size guide and find the closest size that matches



OUTERWEAR

FIT MEASUREMENTS

*ALL MEASUREMENTS ARE IN INCHES



SIZE	CHEST	LENGTH
YXS	16	19
YS	17.5	21
YM	19	23
YL	20	25
YXL	21.5	27
S	22	28
M	23	29
L	23.75	30
XL	25	31
2XL	26.5	32
3XL	28.5	32.5
4XL	30.5	33

CHEST ACROSS:
MEASURE 1IN FROM
THE ARM PIT

LENGTH:
MEASURE FROM SHIRT
COLLAR SEAM TO HEM



HOW TO MEASURE:

1. Find a Shirt you like the fit of and lay it out on a flat surface
2. Measure as above diagram explains
3. Refer to the size guide and find the closest size that matches

ITEMS INCLUDE:
**1/4 ZIPS, HOODIES, CREWNECKS,
AND FULL ZIP JACKETS**

*INDUSTRY STANDARD TOLERANCE +/- .75IN

SPRINT JOGGERS

FIT MEASUREMENTS

*ALL MEASUREMENTS ARE IN INCHES



SIZE	WAIST	INSEAM
YXS	9	21
YS	10	22.5
YM	11	24.5
YL	11.5	27
YXL	12	28
S	13.5	30
M	14	30
L	15	31
XL	15.5	32
2XL	16	32
3XL	17	33
4XL	18	33

WAIST ACROSS:
MEASURED ACROSS
RELAXED LAID FLAT

LENGTH:
MEASURE FROM CROTCH
SEAM TO HEM



HOW TO MEASURE:

1. Find a pair of joggers you like the fit of and lay it out on a flat surface
2. Measure as above diagram explains
3. Refer to the size guide and find the closest size that matches

CRUISE JOGGERS

FIT MEASUREMENTS

*ALL MEASUREMENTS ARE IN INCHES



SIZE	WAIST	INSEAM
YXS		
YS		
YM	13.5	24.5
YL	15	27
YXL	16	30
S	16.5	30
M	17	30
L	18	31
XL	19	32
2XL	21	32
3XL		
4XL		

WAIST ACROSS:
MEASURED ACROSS
RELAXED LAID FLAT

LENGTH:
MEASURE FROM CROTCH
SEAM TO HEM



HOW TO MEASURE:

1. Find a pair of joggers you like the fit of and lay it out on a flat surface
2. Measure as above diagram explains
3. Refer to the size guide and find the closest size that matches